



2009 Hot Tips – Part 4

If you think about it, your sex life does not really need a massive overhaul to make things hot and steamy between the sheets. What you do have to do is ensure that you never run out of exciting and hot things to try. You see if you keep doing the same things then you're just falling into the 'routine' trap again. And that, literally, is sort of like the cancer of relationships.

Once your love life falls into a routine, then the heat and electricity in a relationship dwindles. Wouldn't you want to re-live those hot and lusty days of your early relationship? Of course you do! So read on for more Hot Tips straight from my personal collection of naughty strategies.

1. **Perform a striptease for your lover.** When the word 'striptease' is mentioned, why is it that only women doing it come to mind? Well, guess what? Women love seeing men striptease too! (Why do you think the Chippendales are so popular?!?) For sure, the thought of doing a striptease may be daunting at the start and – like women – you may be shy about doing it but think of the potential bedroom rewards my friend!

So, how do you go about performing a striptease? First of all, you may want to rent out a few videos or check some adult videos online just to see what other men are doing. But please don't worry if you don't have a whole scene planned. If you can bump and grind a bit to a tune, that's enough to start!

Now choose the right moment to striptease! This is important because if you just do this and your unassuming partner just laughs (because she was caught off guard) then this may stop you from performing your striptease act altogether. So when is the right moment?

Normally this would be just after watching a naughty movie, or after dinner when the two of you are in your darkened living room sipping wine, or you can also do this in the shower!

Here's a tip direct from one of my clients: do it while undressing from work in front of her. John (real name withheld for privacy) likes to change into his home clothes right away when he comes home from work. Sometimes, when his wife is in the bedroom, she would start teasing him as he undresses and makes even those corny nightclub sounds.



Well, one time, John decided to teach her a lesson. As she was teasing him as removed his business suit, he SLOWLY turned around and started talking sensuously (read: dirty) to her. He turned off the lights and right there and then started to do a striptease for her!

His wife was surprised but to HIS amazement, she seemed absorbed and got really tuned on by what he was doing. Needless to say, John now loves doing striptease acts for his partner and now SHE does it too for him every now and then.

2. **Have an adult movie marathon.** Sometimes, nothing gets a couple more worked up than a night of serious adult video action. You see, there's always a bit of the voyeur in each and every one of us and so seeing others 'do it' on film gets most couples REALLY turned on.

The difference with this particular hot tip is that you must control yourselves till you've matched ALL the movies. Normally, a hot scene will come up and most couples forego the rest of the movie! Well not tonight, ok?

Tonight, you should finish 2 to 3 adult rated movies and just let that sexual tension rise inside of you guys. I guarantee that your lovemaking afterwards will be one of your most unforgettable!

3. **Engage in self-love in front of your partner.** Most men – and women – hide inside the bathroom whenever they feel that they need some release using their own hands or a sex toy. And yet, when men and women are asked, they claim that seeing their lovers masturbate is one of their sexual fantasies! So why not bring this particular fantasy to life. I know that YOUR fantasy is to see your partner pleasure herself but you know what the say... you first!

Actually, you may be shocked at just how turned on YOU get by pleasuring yourself in front of her. Apart of the obvious reason why, many men get so hot just seeing how their partners get turned on while looking at them. In fact many men claim that because their partners get so hot, they end up touching themselves too! Now, didn't I say that you'll get your turn to relive your fantasy too?