



3 Surefire Ways to Give a Woman Multiple Orgasms

We are all pretty sure about any woman's capability to have more than one orgasm at a time. Women have a short refractory period, if at all. This refractory period is the period after an orgasm where the person is unable to achieve any kind of arousal.

For men, this period is quite long. Once they have ejaculated, their manhood becomes flaccid and it takes a while before it can become erect again. This is the refractory period.

In women, such a period does not exist and even if it does, it is quite short. The gist of all this is – women are ready for another steamy round of sex almost as soon as they are done with one! And considering how much women connect sex with a mental activity rather than a physical one, it is possible that for most times, a woman stays wanting for more even if she has climaxed!

So What Can You Do to Help Your Woman Get Multiple Orgasms?

You know it is biologically possible, but you also know that you have to bring her to it. What makes this complicated is the fact that after you have ejaculated, you will find it difficult to get aroused soon. As such, you have to find a method to arouse her when you are not able to be aroused yourself. Hmm... that sounds tricky! But it really isn't! Here are three methods that can help you bring your woman to multiple Big O's!

One: After you have ejaculated and she has climaxed once, do not be in a hurry to go to the bathroom to wash up! Lie on her body for a while. Be the man on top. You know she needs more. The very position you two are lying in arouses her. Slowly, begin nibbling at her ears, kissing her cheeks, etc. Then give her a full-throated kiss. Now you are in action.

Slowly rub your groin on hers. You will feel that she is getting aroused. And in a while, you will start getting hard too. But remember to do this very, very gradually, taking as much time as you want. It might be unhealthy for men to have many sexual rounds in quick succession.

You will find that she's moist again. Do not penetrate yet; it may be hard on you. But use your fingers. The middle finger is the best to arouse her private parts. Put your middle finger into her and move it in a "come hither" stance. This will directly hit her G-spot and she might come right then and there if you are persistent enough. If you feel you can penetrate and are not gasping or panting or anything from your first orgasm, go ahead and take the plunge!



Two: The second method is to simply stimulate her with your fingers. She has had her orgasm and is very happy about it. When she thinks it is done, surprise her by moving your hand over her inner thigh.

She will feel almost an electric kind of excitement. This is when you understand that she is ready for more. Gently guide your hand into her vagina, at the same time fondling her breasts and nipples with the other hand. Arouse her clitoris till and bring her to another glorious orgasm!

Three: Go oral! Hey your manhood may not be erect but you can use your tongue, right? Do not undermine the role of the sixty nine position in helping women with repeat orgasms. Go doggy style on her, upside down, so that the mouths of both of you are the levels of each other's genitals. Arouse each other with your tongues. Women are very sensitive after a first orgasm. A delicate position such as the sixty nine is sure to bring her to an orgasm again.

You can even work out a bit to please your woman with repeat orgasms. There are various penis exercises that can help you keep up with your woman, however many times she wants.

Masturbating often, sometimes in succession, is also a way to train your system to get aroused quickly after one ejaculation. You can enlist your woman's help in masturbating you repeatedly. Sounds fun, huh?

Enjoy yourselves!